

# KINGSBOROUGH CURRENT

Kingsborough Community College · 2001 Oriental Boulevard Brooklyn, NY · www.kbcc.cuny.edu



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## Earth Day at KCC: “Sea Wall, Sea You Later Trash!” Cleanup Turns into a 600-Pound Win

**Earth Day at Kingsborough Community College** wasn't just about celebrating the planet—it was about getting our hands dirty (in the best way possible).

Led by **President Suri Duitch**, the KCC community took to the seawall along Jamaica Bay for a high-energy **Seawall Cleanup Meetup**, bringing together students, faculty, and staff in a shared mission: protect the shoreline we learn, work, and live beside.

This year's Earth Day event was a vibrant and meaningful collaboration that brought together students, staff, and community partners in a shared commitment to environmental

stewardship.

Working alongside the student-led **Environmental and Sustainability Club** and fellows from the **Jamaica Bay–Rockaway Parks Conservancy**, the campus transformed Earth Day into an immersive, hands-on learning experience focused on ecological awareness, sustainability practices, and community care.

Students actively participated in cleanup efforts, environmental education activities, and discussions about the importance of protecting local ecosystems, particularly the fragile coastal environments that surround our region.

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The partnership created an engaging space where learning extended beyond the classroom, empowering students to see themselves as active contributors to environmental change.

The energy, collaboration, and shared purpose throughout the event reflected a strong commitment to sustainability and reinforced the importance of collective action in preserving our natural spaces for future generations.

Armed with gloves, grabbers, and a lot of school spirit, participants climbed down to the rocky edge of Jamaica Bay and got to work—picking up everything from plastic debris to windblown waste tucked between the stones.

*The result? A collective 600 pounds of trash removed from the seawall.*

That’s 600 pounds less pollution in our shared waterfront—and 600 pounds of proof that small actions, multiplied by a community, make a big impact.

Beyond the cleanup, the day was filled with teamwork, laughter, and a shared appreciation for the natural beauty that surrounds campus. Students worked alongside faculty and conservation partners, turning a simple cleanup into a powerful reminder of what environmental stewardship looks like in action.

As President Suri Duitch and student leaders joined forces along the shoreline, the message was clear: **caring for Jamaica Bay is not a one-day event—it’s an everyday commitment.**

*And if Earth Day is any indication, KCC is all in.*



# NEW MERCH ALERT!

Visit the Kingsborough Online Bookstore apparel & gifts.

*Show your school spirit.*



KINGSBOROUGH  
COMMUNITY COLLEGE

— ★ DREAMS BEGIN HERE ★ —



## Looking to show your KCC pride?

You can now shop KCC merch anytime through our newly launched online College Bookstore.

We're making it easier than ever to grab your favorite Kingsborough gear.

👉 Click and shop here: <https://kbcc.textbookx.com/institutional/index.php?action=apparel-and-gifts#/apparel>



# KCC Celebrates Earth Day: Making Waves for a Greener Future

Kingsborough Community College celebrated **Earth Day** on Wednesday, April 22 with a full day of programming dedicated to sustainability, environmental awareness, and community action across campus.

From Jamaica Bay to The Cove to the Quad and shoreline, students, faculty, and staff participated in a wide range of hands-on activities that highlighted environmental stewardship in action and reinforced the college's ongoing commitment to a greener future. The event in The Cove was organized in collaboration with **Professor Midori Yamamura**, the **Environmental and Sustainability Club**, and the **3R Initiative**,

bringing together campus partners and student leaders to create a vibrant and engaging hub for sustainability-focused activity.

The day featured interactive experiences designed to engage the entire campus community. In The Cove, the Environmental and Sustainability Club, the 3R Initiative, and Prof. Michael Palladino hosted the **ECO-Shoppe Pop-Up**, offering a free thrift shop with gently used clothing and accessories alongside student-created upcycled items. The initiative combined sustainability with social impact, with proceeds from select items benefiting **Bottomless Closet**, an organization that supports women re-entering the workforce.

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The space reflected creativity and environmental responsibility while encouraging mindful consumption and reuse.

Out on Jamaica Bay, students experienced the coastline in a new way through **Maritime Eco-Excursions** aboard the CUNY 1 maritime vessel. Guided 40-minute boat tours allowed participants to explore the bay's coastal ecosystem, learn about its biodiversity, and understand the role of ocean chemistry in maintaining environmental balance. With limited seating and high interest, the excursions offered a rare opportunity for experiential learning directly connected to the natural environment surrounding campus.

Back on land, the **Quad** was transformed into a hub of growth and sustainability through the **Seedling Distribution** from the **Kingsborough Community College Community Farm and Garden (CFG)**. The mission of the CFG is to provide valuable learning opportunities by promoting gardening, growing nutritious and sustainable food, and cultivating a greater sense of community. The garden serves as a trans-disciplinary space supporting both academic and non-academic learning through sustainable urban agriculture and local food production. It offers access to students, faculty, staff, and the wider community, creating a nurturing space for educational activities, research, instruction, and the cultivation of organic produce. Students picked up seedlings to take home, reinforcing the importance of local growing, environmental responsibility, and small-scale climate action while extending sustainability practices beyond campus. For more information or to get involved, the CFG can be contacted at [CFG.KCC@kbcc.cuny.edu](mailto:CFG.KCC@kbcc.cuny.edu).

At the **Library Breezeway**, the Sustainable Mobility station, supported by the **NYC Department of Transportation**, promoted eco-friendly transportation choices.





Students learned about bicycle safety, signed the Earth Month sustainable commuting pledge, and explored tools such as transit maps and air quality resources. The station emphasized practical ways individuals can reduce their environmental footprint through everyday travel choices.

Later in the day, the **Jamaica Bay** shoreline became a living classroom during the **Beach Ecology Walk** led by **Professor Dmitry Brogun**. Students used quadrat sampling techniques to observe coastal biodiversity and study shoreline organisms while also participating in a mini-cleanup effort to remove plastic and other debris from the ecosystem. The activity combined scientific observation with environmental action, reinforcing the importance of protecting local habitats.

Together, these Earth Day events reflected a shared commitment across the KCC community to sustainability, education, and collective responsibility.

Whether through clothing reuse, ecological research, seed planting, sustainable commuting, or shoreline restoration, each activity demonstrated that environmental action takes many forms—and that every small effort contributes to a larger impact.

At the center of campus coordination and collaboration, **Professor Midori Yamamura** helped support and connect programming efforts across The Cove, strengthening the collaborative spirit of Earth Day at KCC.

*At Kingsborough Community College, Earth Day was not just a celebration, but a lived experience of environmental stewardship in action.*



# de-Stress

with the **Dean**

IT'S THE LAST DAY OF CLASS—  
**COME THROUGH!**



**MAKE**  
SELF-CARE KIT



**SNACK**  
BAGS



**ENJOY**  
PIZZA



**DISTRESSED**  
COLORING

AS WE PREPARE FOR FINALS WITH  
**Dean Edwards**



TUESDAY,  
**JUNE 9<sup>TH</sup>**



12:00PM – 2:00PM



THE COVE (U101)

**KCC**

DIVISION OF  
STUDENT AFFAIRS



# MAKING WAVES: STUDENT SPOTLIGHT

## Anastasiia Haraieva: From K.E.L.I Student to Future R.N.

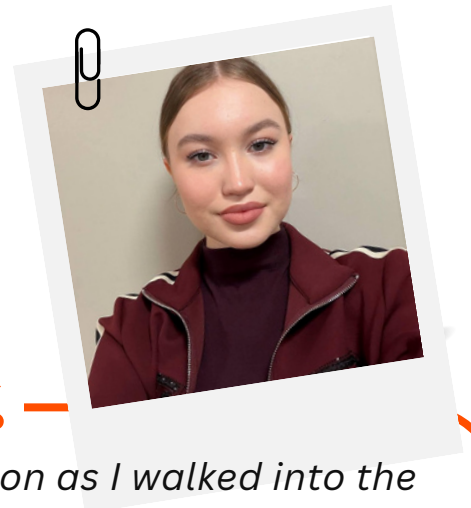
At only 18 years old and already wise beyond her years, **Anastasiia Haraieva** is carving her path in the world. Like so many before her, she and her parents left war-torn Ukraine for the United States in August 2024, seeking refuge and a more secure life.

Understandably apprehensive about beginning anew in a country foreign to her in every way, Anastasiia didn't know how this would impact her. She had dreamed of one day becoming a nurse and was painfully aware that this dream would not reach fruition if she remained in her native country.

Due to the circumstances, online classes would be her only option, something this exuberant "people person" knew would not adequately serve her. Seldom deterred by obstacles, she believed the first step in pursuing her future career and other opportunities would be to learn English – *but where?*

She combed the internet in search of a practical and interactive English language program that would help her navigate the uncharted territory most people who migrate to another country face, and one that would help her become part of her new Brooklyn community while acquiring fluency. She considered several options, but none really met her needs.

Her older sister, who had come to the U.S. several years earlier, told her about the **Kingsborough English Language Institute (KELI)**, which she had heard good things about from friends. Anastasiia was intrigued by this positive feedback.



“As soon as I walked into the Continuing Education department’s ESL office at Kingsborough Community College (KCC), I knew **I had made the right choice**. Everything I saw and heard appealed to me, from the time frame and course content to the friendly staff”  
-Anastasiia Haraieva

Just a few days into the fall 2024 semester, Anastasiia felt right at home. She enjoyed sitting alongside fellow Ukrainians, as well as students from other countries, who shared similar stories in what she called “this new community of friends.”

*“I really enjoyed not feeling like a stranger and being welcomed by everyone, students and teachers alike. They didn’t scare me! I knew I was part of a very special family,” she said warmly.*

Furthermore, the daily English lessons and informal structure were exactly what she had hoped for.

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*“I appreciated the more open and interactive learning style, where students felt encouraged to ask questions and participate freely. This made me feel comfortable and optimistic.”*


Aside from covering the basics of English: grammar, vocabulary, spelling, and writing, etc., the KELI program offered Anastasiia something she greatly appreciated: content that was interesting, practical, relatable, and realistic.

*“What I really loved about KELI was that I was given the tools to adopt English into my everyday life, through **step-by-step lessons** taught by patient teachers and that I could use easily on my own to help build my identity here.”*

Experiential group work, games, field trips, and films complemented her studies. But what profoundly fueled her enthusiasm for the program was something no other academic ESL course she researched offered: learning the meaning of American culture, traditions, and holidays beyond cliched symbols in the pages of textbooks and in scripted scenes on television shows. In fact, in a recent article for **The Scepter**, the KCC student newspaper, Anastasiia explained that for most international students, their only understanding of American holidays, particularly Thanksgiving, is the proverbial “turkey on the table.” She went on to say that the **KELI program**, otherwise known as **ESL 70**, changed this perception. She recalls with fondness one late November day in 2024, when her teacher hosted an in-class authentic Thanksgiving luncheon, replete with decorations, a long, elegantly arranged table, and traditional



**FULL TIME HSE**  
INTENSIVE PROGRAM

CONTINUING EDUCATION  
KINGSBOROUGH COMMUNITY COLLEGE  
• DREAMS BEGIN HERE • 

Full-time Intensive High School Equivalency Preparation Program offered for 10 weeks begins soon!

**Monday -Thursday**  
9am - 3pm **\$280**  
July 1, 2026 - August 11, 2026

**Benefits of the Program:**

- No ABT Test
- No TOEFL Test
- Direct admission to college
- Instate tuition - domestic status

**Registration:**  
For more information, please call 718-368-4870

**Virtual Office Zoom Meeting ID:**  
857 4347 7610

American dishes alongside national ones representative of her classmates’ home countries. Everyone was given an opportunity to express what they were thankful for.

*“What impressed me the most,” she wrote in The Scepter, “was the atmosphere. Students laughed together and shared stories. I felt the true meaning of Thanksgiving -- gratitude, unity, and respect for each other’s cultures.”*

This effervescent young woman, her blonde hair pulled back in a loose bun and blue eyes widening behind gold-rimmed glasses, credits KELI with inspiring her even further. Aside from pursuing her professional dreams and excelling academically, her teachers instilled her with confidence. Consequently, she is building a foundation of leadership by serving as vice president and managing editor of The Scepter, for which she remains a contributing writer.

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*The KELI program taught me English in context, not just in abstract. I loved reading and writing every day. I joined the newspaper staff to put my English skills to good use, to be part of the KCC story, and to build my connection with the larger community.”*

Anastasiia continues to lead and build her future. In the winter of 2025, after only one productive and successful semester in the KELI program, she easily transitioned to a matriculated Kingsborough student and currently maintains a 4.0 GPA. Proudly fulfilling the promise she made to herself in Ukraine, she is majoring in nursing and is taking her first classes this spring.

Smiling widely, she explained, *“I chose nursing because I’ve always liked medicine and science. Also, being able to make people’s lives better makes me feel happy and alive!”*

**What’s next for Anastasiia?** Pretty much anything she puts her mind to. In the near future, she’ll be deciding which four-year college would be best to continue her nursing studies and pursue her bachelor’s degree. For now, she’s just enjoying college life and spending time with friends, some of whom she met in her KELI class.

Further reflecting on the program’s role in her success, Anastasiia offers advice to anyone seeking a rewarding ESL program:

*“KELI is more than a class; it’s a community. We’re taken beyond the classroom and are provided opportunities for growth, which help us become the people we want to be. It’s a place where international students find support, friendship, and a new sense of belonging.”*

## ALTERNATIVE HIGH SCHOOL EQUIVALENCY PREPARATION PROGRAM (AHSEP)

Full-time Alternative High School Equivalency Preparation (AHSEP)/Diploma Now program offered for 6 weeks is beginning!

**This Summer session is scheduled for:**

**Monday - Thursday July 1, 2026 - 9am - 3pm \$100 August 11, 2026**

**Enrollment Requirements:**

- Students must be 17½ and they can't be older than 20 when they enroll in the program.
- Each student (and/or parent) is required to sign a Student Responsibilities Form on the first day of classes.
- Students must score at a 9.0 grade reading level or higher on the TABE test and write an essay.

Zoom meeting ID: 857 4347 7610  
Zoom passcode: 667012

For more information, call 718-368-4870

CONTINUING EDUCATION  
**KINGSBOROUGH**  
COMMUNITY COLLEGE  
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## FULL TIME: ESL 70

Full-time intensive program. Learn/improve your English!

**Monday - Thursday**  
**9:00am - 3:00pm**

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**July 1, 2026 - August 11, 2026**

**Special Rate:**  
**\$595**

**For International F-1 Visa and other ESL Students**

- 250 Hours of Instruction
- Work in groups & one-on-one with instructors
- Complete homework assignments asynchronously

Program is FREE to SNAP recipients

Zoom meeting ID: 857 4347 7610  
Zoom passcode: 667012

For more information, call 718-368-4870

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FYI: There is a \$25 discount for the ESL 70 and HSE 70 (Fulltime HSE) programs if students register before May 15, Discount Code: **"EARLYBIRD"**.

# BEHIND THE WAVES

## TRiO Student Support Services Program

*Welcome to TRiO! TRiO Works!* — a statement supported by a high graduation rate.

### ABOUT THE OFFICE

TRiO SSSP is a federally funded grant program under the U.S. Department of Education.

### OUR MISSION & IMPACT

TRiO programs are among the nation's first federally funded college access and retention initiatives, established during **President Lyndon B. Johnson's War on Poverty** to address academic, social, and cultural barriers to higher education. Originally formed as a "trio" of programs—**Upward Bound, Talent Search, and Student Support Services**—TRiO has grown into a national network serving nearly 790,000 students across the country.

Today, TRiO continues to play a critical role in helping students **persist, graduate, and achieve post-graduation success** by providing academic support, career counseling, mentoring, and access to resources that promote equity and opportunity in higher education.

### WHO WE SERVE

TRiO supports students who are **first-generation, low-income, and/or students with disabilities**. Participants **must be U.S. citizens or permanent residents**. The program accepts self-referrals and referrals from others throughout the year. The intake process is streamlined and accessible, with no documentation required.

### CONNECT WITH US

Interested in joining TRiO or learning more?  
Visit **D-124** or contact: Faith Fogelman, Director

✉ [faith.fogelman@kbcc.cuny.edu](mailto:faith.fogelman@kbcc.cuny.edu)

☎ 718-368-5280

**TRiO Works!**



#### DID YOU KNOW?

*Located in **D-124** and housed under Student Affairs, TRiO @ KCC serves **250 students per year** through a personalized, case management approach that supports academic success and long-term goals.*

### WHAT WE DO

TRiO applies a case management approach to individualize educational plans and services, including **counseling, coaching, advisement, and linkages to campus resources**.

TRiO works backwards—helping students plan for their career after graduation, and then identifying academic pathways to match those goals. When students have unclear or evolving goals, TRiO provides targeted interventions to connect them with a viable major based on their interests and abilities, ensuring a purposeful and intentional educational journey.

The program also fosters a strong sense of community through **student support groups, educational workshops, and collaborations with campus partners** to keep students connected and informed.



# Benefits Day

arc.kcc@kbcc.cuny.edu | 718-368-5411

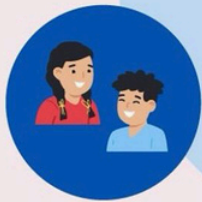
@kbccaccessresourcecenter

**APRIL 23<sup>RD</sup> | MAY 28<sup>TH</sup>**

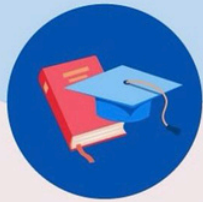
Time: 2pm - 3:30pm | Location: L304



Open lab to apply for government benefits with ARC team.



Open to all students must register at E-115.



# BUDGET 101 – WEALTHY WEDNESDAY

**2026**

*Come and learn how to have a healthy relationship with your finances*

Dates: **April 22<sup>nd</sup>, May 20<sup>th</sup>**

Time: **2pm - 3pm**

Location: **U-215**

Sponsored by Student Life: Lunch & Financial Literacy Book



arc.kcc@kbcc.cuny.edu | 718-368-5411

@kbccaccessresourcecenter



## FRUIT DISTRIBUTION

Date: March 25th - May 20th  
(No Produce 4/1)

Time: 11am - until gone

Location: Cove U- 101

Please bring a bag!

Questions? Call 718.368.5411

Available to STUDENTS ONLY

**2026**



## LET'S TALK TUESDAY

Open safe space to express your feelings and emotions out loud with love.



arc.kcc@kbcc.cuny.edu | 718-368-5411 @kbccaccessresourcecenter

**2026**



### DATES & TOPICS:

April 21<sup>st</sup> - Healthy Relationships

May 19<sup>th</sup> - Open Decompression Session

Time: 2pm - 3pm

Location: U-215

Sponsored by Student Life: Light refreshments



# MEET YOUR STUDENT GOVERNMENT ASSOCIATION (SGA)

The Student Government Association (SGA) is the student voice on campus—an essential bridge between the student body and college leadership. Through advocacy, collaboration, and initiative, SGA empowers students to shape their own college experience while strengthening the entire campus community.

This year's SGA leadership team reflects the diversity, talent, and dedication of the KCC student body. Together, this team (with Jeffrey Delgado, faculty advisor) is committed to advocating for students, building community, and ensuring that every voice on campus has the opportunity to be heard.



**Nosagieagbon Oluobazee**

President



**Faruq Anjorin**

Vice President of Finance and  
Administration



**Qatazanah Pierre**

Speaker of the Senate



**Fatima Zahara Kamil**

Vice President of Legislative Affairs



**Myat (Daisy) Khine Zan**

Vice President of Student Affairs



**Abimbola (Meerah) Adigun**

VP of Public Relations and Communication



**Amirjon Abdunayimov**  
Senator



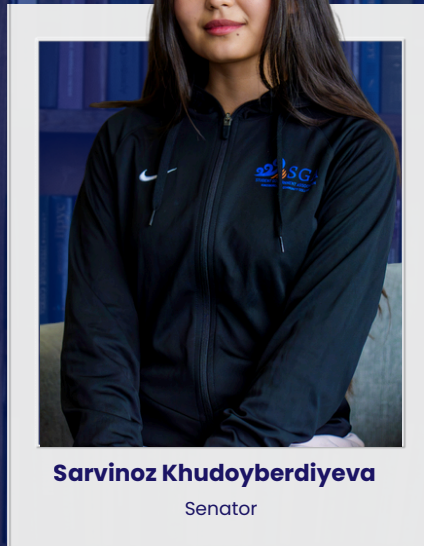
**Jade Mason**  
Senator



**Arielle Francis**  
Senator



**Sophia Turchin**  
Senator



**Sarvinoz Khudoyberdiyeva**  
Senator

Being elected to SGA is more than a title—it's an opportunity to create real impact and leave your mark on campus. As a member, you'll develop leadership, communication, and problem-solving skills that extend far beyond the classroom. You'll collaborate with peers, faculty, and administrators, gaining firsthand experience in decision-making and advocacy while building a strong professional network. Whether you're passionate about improving student resources, planning engaging campus events, or starting new initiatives, SGA gives you the platform—and the support—to turn your ideas into reality. It's also a chance to grow personally: building confidence, finding your voice, and learning how to lead with purpose. Most importantly, your work directly shapes the student experience, helping to create a more connected, inclusive, and vibrant campus community for everyone at Kingsborough Community College.

**Interested in becoming part of this dynamic leadership group?**

SGA Online Elections for the 2026–2027 academic year will take place May 26–May 28. This is your chance to step into leadership, represent your peers, and make a lasting impact on campus. For more information, visit the **Office of Student Life in Room C-123**

The SGA Presents:

# Karaoke Night

Step up to the Mic!

Thursday, May 14th  
4:00PM - 6:00PM

Room  
U219



Free Food • Drinks

Myanmar Food  
and  
Sushi



Sing Your Heart Out!  
& Have Fun!

Questions? Contact:  
KCC\_StudentLife@kbcc.cuny.edu



Dorney Park Tickets  
Available!  
\$10 Each

The SGA Presents:

# AFTER PARTY PROM PARTY

Wednesday • June 3rd

400PM - 800PM Room U219

DRESS TO IMPRESS!

Free Food  
& Drinks

Dress Code

- Long or Short Dresses
- Suits

BRING AND  
SHOW OFF  
YOUR OWN  
MASK!



Questions? Contact  
KCC\_StudentLife@kbcc.cuny.edu



PRESENTED BY  
OFFICE OF STUDENT LIFE  
KINGSBOROUGH COMMUNITY COLLEGE

# CHAMPIONS UPRISING

LEADING WITH RESILIENCE & INTENTION

Former Muay Thai Champion and Resilience Speaker, Chris Romulo brings the A.C.T. Framework to campus — a keynote + workshop on overcoming pressure, building resilience, and leading with intention.

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KINGSBOROUGH  
COMMUNITY COLLEGE

★ DREAMS BEGIN HERE ★

14TH  
MAY

U219 KEYNOTE PRESENTATION  
12:30-1:30PM

HALL OF  
FLAGS MUAY THAI MINDFULNESS WORKSHOP  
1:30-2:15PM

LIGHT REFRESHMENTS SERVED!

QUESTIONS?  
CONTACT: KCC\_STUDENTLIFE@KBCC.CUNY.EDU



# Taste Around the WORLD

Explore the world through food, culture, & music!  
Dress in your cultural attire if you can!

Amazon gift  
card giveaway!

Wednesday, May 20th  
Time: 3:00 PM – 6:00 PM  
Room: U- 219



For more information: kcc\_studentlife@kbcc.cuny.edu

KINGSBOROUGH | CUNY  
COMMUNITY COLLEGE

Interested in planning student events on campus? Join SGA! Visit the Office of Student Life in Room C-123 for more information!

# Celebrating Student-Parent Success at Kingsborough Community College



On May 1, 2026, **Latasha Collins, Director of the Child Development Center**, hosted the **8th Annual CUNY Childcare Council Student-Parent Success Award Ceremony** at Kingsborough Community College.

This special event honors outstanding student-parents from across CUNY who demonstrate academic excellence, personal resilience, and meaningful involvement in their campus communities.

The **Kingsborough Community College Child Development Center** continues to play a vital role in supporting student-parents by providing high-quality early childhood education for children ages 2 to 5. Designed specifically for KCC students, the center offers a safe, nurturing, and engaging environment where children can grow intellectually, socially, and emotionally—allowing their parents to focus on achieving their academic goals.

Beyond childcare, the center provides parent education and academic support, helping student-parents balance the demands of school and family life with greater confidence and stability.

This year, the center proudly recognized **Lola Farran**, a dedicated nursing student and mother originally from Kazakhstan. Balancing the rigorous demands of her academic program while raising her daughter, Sara, Lola exemplifies perseverance and determination in pursuing a career in healthcare.

A key part of Lola’s success has been access to reliable childcare through the Child Development Center. With Sara enrolled, Lola is able to attend classes and complete clinical requirements with peace of mind.

“*The **Child Development Center** has helped me a lot while I pursue my nursing degree. It gives me **peace of mind** knowing that Sara is safe, cared for, and happy while I am in class or at clinicals. It has made it easier for me to focus on school and continue working toward my degree.*”

-Lola Farran

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The center also provides enriching experiences for children like Sara, who eagerly participates in daily activities, builds friendships, and explores new interests.

“Sara really loves coming to the Child Development Center,” Lola added. “She talks about her teachers, her friends, and the activities she does during the day. She especially enjoys when they make new food and loves sharing those experiences with me.”

For Lola and many others, the Child Development Center is more than childcare—it is a foundation for success, empowering student-parents to thrive academically while building a brighter future for their families.

Colleges represented at the ceremony included **John Jay College of Criminal Justice, Bronx Community College, Brooklyn College, LaGuardia Community College, Hunter College, New York City College of Technology (City Tech), The Graduate Center, and Queens College.**



**NEED CHILDCARE SUPPORT WHILE YOU ATTEND CLASSES?**

Visit the **Child Development Center at V-105**

The Child Development Center provides childcare and early education for children of KCC students ages 2–5. The Center offers a safe, nurturing, and engaging environment where children can learn and grow while their parents attend classes. The Center also supports student-parents through workshops and resources focused on parenting, child development, and family success.



**KINGSBOROUGH**  
COMMUNITY COLLEGE

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**THE WELLNESS CENTER PRESENTS:**

**ANXIOUS TO EMPOWERED:  
TWO-PART ANXIETY  
MANAGEMENT WORKSHOP**

**MAY 21, 2026**

**Reducing  
Anxiety**

**11:00AM  
ON ZOOM**

**MAY 26, 2026**

**Managing  
Burnout**

Nervous for finals? Join us to explore anxiety and burnout and learn effective coping skills to build confidence and lasting skills for navigating challenges!




**ZOOM ID: 268 933 6129**

Presented By:  
The Wellness Center  
A Part of Student Wellness Services  
[www.kbcc.cuny.edu/sws/](http://www.kbcc.cuny.edu/sws/)

For any questions or to request accommodations for this event please contact us at 718-368-5975 or [wellness.center@kbcc.cuny.edu](mailto:wellness.center@kbcc.cuny.edu)






**New York  
Blood Center**

**Blood Drive**


**Be the reason  
they get to see their  
flowers bloom.**



Kingsborough Community College


Tuesday, May 12, 2026

To schedule your appointment to donate: [Click Here](#), or Scan the QR Code:



Wednesday, May 13, 2026

To schedule your appointment to donate [Click Here](#), Scan the QR Code:








11am – 5pm

U220 – 2<sup>nd</sup> Floor – Above the Cafeteria






This is a collaboration with the [New York Blood Center](#) and KCC's [Student Wellness Services](#)

**Prepare to donate**

-  Eat well and hydrate
-  Bring a photo ID
-  Feel good and symptom free
-  Meet minimum weight requirements
-  Must be 17-75  
- 16 with parental permission form  
+ 24+ with written physician consent

Visit [nybc.org/eligibility](http://nybc.org/eligibility) for complete donation guidelines.

800.933.BLOOD - nybc.org



# CALM WATERS: WELLNESS CORNER

## Small Habits, Big Impact: Wellness for You & the Planet

In honor of Earth Month, it's a great time to remember that caring for yourself and caring for the environment often go hand in hand. Small, mindful habits can support your well-being while also making a positive impact on the world around you.

### STEP OUTSIDE

Take a short walk between classes to reduce stress and boost your mood—enjoy the **Shore Walk** or outdoor seating areas around campus for a quick reset by the water.

### STAY HYDRATED

Bring a reusable water bottle and refill at the **water fountains located throughout campus** to support your health while reducing waste.

### TAKE SCREEN BREAKS

Give your eyes and mind a rest by stepping away from screens—visit spaces like the **Library** or quiet lounges to recharge without distractions.

### CHOOSE GREEN SPACES

Spend time in KCC's **open lawns and campus green areas** to relax, reset, and reconnect with nature in between classes.

### REST & RESET

Take a moment to pause during your day—visit the **Wellness Center** or quiet campus spaces to decompress and support your mental well-being.

These small actions add up—challenge yourself this Earth Month to take one step each day toward a healthier you and a more sustainable world.

## WELLNESS CENTER

### Spring 2026

### Calendar Of Events

Tell a friend to tell a friend! Let's build our self-care tool-box!  
Tuesdays at 2PM - 3:30PM in Room U113

MAR 17	Meet and Greet Day
MAR 31	Embracing Identity Workshop
APR 14	Academic Stress Workshop
APR 21	Sleep and Mental Health Event
APR 28	Screen Time Workshop
MAY 5	Women's Day Brunch Event
MAY 19	CUNY Wellness Festival
JUNE 2	Building a Resilient Mind with Self Care

The Wellness Center also presents a healthcare initiative. Sign up for health insurance or speak with on-site representatives by the Cove (IBoard area).

**Emblem Health (Mondays)**  
10am-5:30pm

**Anthem Health (Tuesdays)**  
10am- 4pm

Presented By:  
The Wellness Center  
A Part of Student Wellness Services  
Wellness.Center@kbcc.cuny.edu






# Wellness Festival

**Free Entry, Open to All**

WELLNESS INFORMATION & SCREENINGS  
• CHAIR MASSES • PHOTOBOTH  
• SNACKS • WELLNESS ACTIVITIES • TRAININGS • GIVEAWAYS AND MORE!

**FEATURING**

**Aromatherapy Bears\*  
Lunch\***

\*Limit one per student. First come, first served.

## May 19, 2026

### U 219

### 11am - 2pm

Presented by  
The Wellness Center  
A Part of Student Wellness Services  
<https://www.kbcc.cuny.edu/sws/index.html>

For any questions or to request accommodations for this event please contact us at 718-368-5975 or wellness.center@kbcc.cuny.edu



# ACCESS FOR EVERY TIDE

## Struggling This Semester? Trouble Concentrating?

If you're experiencing challenges that affect your learning, you may be eligible for academic accommodations.

Examples of situations where accommodations may apply include:

- **Medical or mental health conditions** that impact concentration
- **Learning disabilities** or ADHD that affect how you process information
- **Temporary situations**, like a *broken arm* or *recovery from surgery*
- **Sensory or physical disabilities** that affect mobility, hearing, or vision
- **Legal obligations** such as court appearances or required meetings with law enforcement

Accommodations are designed to ensure **equal access** and can support students with disabilities, chronic health conditions, mental health concerns, or temporary injuries.

Accommodations might include things such as **extended test time, formal excused absence, extended time on assignments, and reduced-distraction environment**

To get started, contact AAS ([aas@kbcc.cuny.edu](mailto:aas@kbcc.cuny.edu)) with documentation from a healthcare provider. You'll meet with staff to create a temporary plan that fits your needs.



### PRO TIP:

Don't wait—support is available, and reaching out early can make a big difference.

## Facing barriers at school because of a disability?

### Talk to AAS! We can help!

Access-Ability Services serves as a disability resource, promotes equity, and provides appropriate accommodations to KCC students with disabilities.



### Our Services Include

- Accommodations
- Assistive Technology
- Educational and Career Counseling
- Advocacy
- One-on-one support



### Visit Us

Room D205

<https://www.kbcc.cuny.edu/access-ability>

### Contact Us

Phone: (718) 368 - 5175

Fax: (718) 368 - 4782

[aas@kbcc.cuny.edu](mailto:aas@kbcc.cuny.edu)



Your Confidentiality is Protected



### NEED ACADEMIC ACCOMMODATIONS OR ACCESSIBILITY SUPPORT?

Visit the **Access-Ability Services at D-205**

Access-Ability Services (AAS) supports students by providing resources and accommodations that promote equal access to learning. Services include determining eligibility and arranging academic accommodations, academic advisement, priority registration, and access to assistive technology.

# Fellowship Opportunities

SUMMER 2026

We are pleased to share news of two paid fellowship opportunities on behalf of Deputy Borough President Smith. Find the QR Code/links to both fellowship opportunities below for distribution. Each fellow will be funded at \$5,000 for the summer.

Ruth Messinger  
Fellowship in  
Immigration Policy.



C. Virginia Fields  
Fellowship in Public  
Health Policy.



**The Student Union and Intercultural Center Presents:**

## *Interfaith Open Dialogue Hour*

*an opportunity to listen, share and learn*



**WEDNESDAYS**  
**APRIL 15, 22, 29**  
**MAY 6, 13, 20,**  
**2PM-3PM IN U217**

@kcc\_suic



# Don't Give Up On Your American Dream

Become a Citizen Now!



May 16, 2026  
10 a.m. - 1 p.m.  
Manhattan, NY



Make an appointment to complete your application with an immigration lawyer

Call: 646-664-9400

Text: 929-334-3784

[cuny.edu/callback](http://cuny.edu/callback)

*Services are open to all New Yorkers*



Bloomberg

GUNY SCHOOL OF LAW



DUSA  
DOMINICANOS USA

FRAGOMEN



McDermott  
Will & Schulte



NYC Mayor's Office of  
Immigrant Affairs



Department of State  
Office for New Americans

ONE percent  
for AMERICA™

## Immigrant Support Corner

# New Americans Center (NAC)

### ABOUT THE OFFICE

The **New Americans Center (NAC)** at Kingsborough Community College is here to support immigrant and undocumented students—**at no cost.**

The NAC provides **free immigration legal services** to students and the surrounding community, including access to an on-site attorney and trained legal staff with expertise in immigration law.

### WHAT WE DO

- ✓ Legal screenings for immigration benefits
- ✓ Naturalization applications
- ✓ Green card renewals
- ✓ Temporary Protected Status (TPS) renewals
- ✓ Family-based petitions
- ✓ Deferred Action for Childhood Arrivals (DACA)\*
- ✓ Fee waivers for eligible applicants

Staff also offer **individual legal consultations** to help determine eligibility and provide referrals for more complex cases.

### CONNECT WITH US

Mondays & Tuesdays (by appointment only)

To schedule an appointment:

Email: [nac@kbcc.cuny.edu](mailto:nac@kbcc.cuny.edu)

Email: [arc@kbcc.cuny.edu](mailto:arc@kbcc.cuny.edu)

Or complete the online form here:

<https://www.kbcc.cuny.edu/nac/index.html>

Contact:

Erick Myssura, Esq. | Managing Attorney

718-368-5787

[Erick.Myssura@kbcc.cuny.edu](mailto:Erick.Myssura@kbcc.cuny.edu)



### UPDATE: IMMIGRATION NEWS

The New Americans Center is responding to reports of **nationwide delays in DACA renewals**. U.S. Citizenship and Immigration Services (USCIS) encourages renewal applicants to file **as early as possible within the 150-day renewal window—ideally at least 120 days before expiration.**

- Current processing times indicate that **80% of DACA renewal cases (Form I-821D)** are completed within approximately **4 months**.
- **Expedited processing requests are very limited** and are often **not granted** when based solely on potential gaps in work authorization or deferred action.

If you believe your case is experiencing an **unreasonable delay**, you are encouraged to **schedule an appointment with the NAC** to receive guidance on submitting an inquiry.



# You Belong Here: Men of Color Meeting Fosters Connection, Reflection, and Empowerment

The **Student Union and Intercultural Center** recently hosted a powerful installment of the **You Belong Here: Men of Color Meeting**, bringing together students, staff, and campus leaders for an experience grounded in authenticity, connection, and growth.

The program featured a dynamic group of contributors, including **Dr. Michael Rodriguez of the Men's Resource Center**, **Kymel Yard of the Fatherhood Academy**, **Professor Charles Swift from the Behavioral Sciences Department**, and **Damani Thomas from the Office of Student Engagement**. Each speaker offered a unique perspective, weaving together personal experiences and professional insights to create a meaningful and engaging dialogue.

Far from a surface-level conversation, the session invited participants to explore complex themes such as identity, responsibility, personal growth, and what it truly means to belong within an academic community. The dialogue was both affirming and thought-provoking, encouraging attendees to reflect on their own journeys while finding strength and solidarity in shared experiences.

One of the most impactful aspects of the event was the level of student engagement. Attendees were not passive observers; they actively contributed to the conversation—asking thoughtful questions, sharing personal reflections, and speaking candidly about their lived realities. The space fostered a rare sense of openness, where vulnerability was met with respect and every voice was valued.

Programs like You Belong Here continue to highlight the importance of intentional spaces on campus. By centering mentorship, empowerment, and community-building, these gatherings reinforce a vital message: every student belongs, every voice matters, and every individual has a path forward.



## LOOKING FOR COMMUNITY AND SUPPORT FOR MEN ON CAMPUS?

Visit the **Men's Resource Center at U-218**

The Men's Resource Center supports self-identified men of color by providing academic support, mentorship, and opportunities to build community at Kingsborough through peer mentoring, supplemental academic support, networking opportunities, and men's support groups.

THE MEN'S RESOURCE CENTER PRESENTS

# VOICES UNLOCKED: CONVERSATIONS THAT MATTER

An Open Discussion |  
Share Your Thoughts, Be Heard, Drive Change.

**WHERE:** U218 (above the cafeteria)  
**WHEN:** Mondays at 3:00 pm

JOIN THE DISCUSSION | A SAFE SPACE FOR OPEN DIALOGUE  
**OPEN TO ALL STUDENTS**

For more information contact: [michael.rodriguez@kbcc.cuny.edu](mailto:michael.rodriguez@kbcc.cuny.edu)

The Men's Resource Center presents

# THE MYSTERY OF BEING

A Free Intellectual Workshop  
with Professor Joseph Terry

*What does it mean to think in an age of distraction?*

This free, open workshop invites students, staff, and faculty into a shared space of reflection on some of the deepest human questions:

- What is being?
- How do we truly know?
- What is technology doing to the self?
- What is education actually for?

Drawing from philosophy, theology, science, and the humanities, this weekly gathering offers a space to slow down, think carefully, and reconnect intellectual life with human flourishing.

**Tuesdays | 1:30–3:00 PM | Spring Semester**

Open to all. Attend weekly or drop in when you can.

Education is not only about what we can do—but about who we are becoming.  
This is a space to think, to reflect, and to grow.

Join us for a Screening of

## SISTERS IN RESISTANCE

A film by Maia Wechsler

"You may have heard stories of Resistance, but never in such a powerful and focused narrative as this."  
—Cinematographer

**Wednesday, May 13th**  
**11:30-1:00pm**  
**Room L100V**

This compelling documentary shares the story of four French women of uncommon courage who risked their lives to fight the Nazi occupation of their country.

Space is limited for this event.

Please scan the code below to register:

Presented by the Kingsborough  
Holocaust Center  
Questions? Contact  
[helen.nasser@kbcc.cuny.edu](mailto:helen.nasser@kbcc.cuny.edu)

Seats are Limited. Kindly RSVP via the Link:  
<https://forms.office.com/r/YDqPmseU77>

# MAKING WAVES: STUDENT SPOTLIGHT

## Mahsa Kolahdouzan '26

In addition to her entrepreneurial goals, Mahsa is also interested in fashion technology. She envisions developing a mobile application that acts as a virtual stylist—allowing users to upload photos of their existing wardrobe and receive personalized outfit suggestions. This innovation reflects her commitment to sustainability and accessibility in fashion, encouraging individuals to reimagine and maximize what they already own.

Mahsa shares that she is deeply grateful to be here as a student and values the opportunity to pursue her creative ambitions. With her unique perspective and dedication to storytelling through design, she represents the next generation of designers shaping the future of fashion.

Mahsa Kolahdouzan, a **Business of Fashion major** in the *Class of 2026*, brings a distinctive creative voice shaped by her interdisciplinary background and deep cultural roots. Originally from Isfahan, Mahsa is a fashion designer with a foundation in architecture and a passion for Persian heritage.

Her work merges traditional Persian rug motifs with modern silhouettes, using experimental 3D design techniques and layered structures to create pieces that are both visually striking and conceptually rich. Through her designs, Mahsa explores themes of cultural identity, sustainability, and emotional storytelling—transforming fabric and form into meaningful expressions of history and self.

After graduation, Mahsa hopes to remain in Brooklyn, where she plans to open her own clothing store. Her vision is to curate a space featuring clothing, bags, and textiles inspired by Iranian artistry, offering a unique blend of tradition and contemporary fashion. She aims to build not just a brand, but a cultural experience that connects communities through design.



# Kingsborough Community College Celebrates CUNY EDGE Scholars

At Kingsborough Community College, student success is strengthened through programs that provide guidance, opportunity, and meaningful support throughout the college journey. One such initiative is **CUNY EDGE**, a partnership between the **City University of New York** and the **New York City Human Resources Administration**, designed to help students achieve academic success, graduate on time, and prepare for rewarding careers.

CUNY EDGE offers academic advising, career development, and student success programming that empower scholars to stay focused on their educational goals while building pathways to future employment. The program's vision is a world where all people have access to the educational opportunities and support they need to realize academic success, a sustainable career, and a brighter future.

At Kingsborough, CUNY EDGE proudly recognizes its “**CUNY EDGE STARRS**”—students who exemplify dedication, resilience, and academic excellence. These scholars maintain strong GPAs, actively participate in program activities, and demonstrate that perseverance and hard work truly pay off.

## NATASHA MYLES



Natasha Myles is an exceptional student within the CUNY EDGE community, demonstrating both academic excellence and unwavering dedication to her goals. Maintaining a 4.0 GPA, Natasha is deeply committed to her aspiration of becoming a mental health clinician. Known for her strong work ethic and focus, she consistently attends all scheduled appointments and approaches every responsibility with intention and discipline.

Beyond her academic success, Natasha is both goal-oriented and family-centered, balancing her responsibilities with purpose and determination. Her drive to succeed and passion for helping others are evident in everything she does. On May 15, 2026, Natasha will take on the role of “Teacher for a Day,” further showcasing her leadership and commitment to giving back.

*continue next page...*

## ASHA KANUTEH

Asha Kanuteh is a dedicated and driven member of the CUNY EDGE community whose commitment to her education and future goals truly stands out. Graduating this spring, Asha will continue her academic journey at Hunter College in the fall, where she plans to major in Fine Arts.

Asha is known for her consistency, reliability, and strong sense of purpose. She fully engages with the opportunities provided through CUNY EDGE, attending all appointments and remaining focused on her academic and creative pursuits. Her dedication reflects a deep commitment to her growth and success, and she is well on her way to making a meaningful impact in her field.



## RASHAUD BARROW

Rashaud Barrow is a passionate and focused student in the Culinary Arts program, bringing both creativity and determination to his craft. As a member of the CUNY EDGE community, Rashaud is committed to achieving his goal of becoming a pastry chef.

Known for his friendly and approachable personality, Rashaud thrives in environments where he can connect with others while honing his skills. He is both goal-oriented and family-centered, drawing motivation from his dedication to his loved ones—especially as a proud and supportive older brother. Graduating this spring, Rashaud's hard work and passion position him for continued success in the culinary field.

Through the accomplishments of students like Natasha, Asha and Rashaud, CUNY EDGE continues to demonstrate the impact of supportive programs that empower students to thrive academically and professionally. Their success reflects the spirit of perseverance, community, and excellence that defines Kingsborough.

For more information about CUNY EDGE, visit:  
<https://www.cuny.edu/about/administration/offices/student-success-initiatives/cuny-edge/>

You may also contact:

Brandy Barber

CUNY EDGE Project Director

Building T4, Room 218

Email: [Brandy.Barber@kbcc.cuny.edu](mailto:Brandy.Barber@kbcc.cuny.edu)



### DO YOU RECEIVE PUBLIC ASSISTANCE AND LOOKING FOR EXTRA SUPPORT?

Connect with **CUNY EDGE** at T4-216

CUNY EDGE helps students receiving public assistance achieve academic success, graduate on time, and prepare for employment. The program offers personalized academic and career advisement, and access to internship and job resources. Eligible students may also receive tuition assistance and virtual tutoring to support their academic goals.

# MAKING WAVES IN ATHLETICS

#LetsGoWave

## National Champion x2: Mariana Richards Makes KCC History

Kingsborough's own **Mariana Richards** made history in Utica after being crowned the **NJCAA Division III National Champion** in both the **100m** and **200m** events during the **Outdoor Track & Field National Championships**.

Richards delivered an outstanding performance on the national stage, earning:

- 🏆 100m Final: 12.89
- 🏆 200m Final: 26.12

Adding to an already remarkable season, Mariana was also named the **2026 NJCAA DIII Outdoor Track & Field Women's Track Athlete of the Year** for the **Northeast Region**.

In her very first season competing in Track & Field, Mariana has already etched her name into KCC Athletics history. *Congratulations on an incredible season and championship performance!*



## Three Straight Titles for The Wave!

**Kingsborough Athletics** celebrated another championship victory after **The Wave** captured its **third consecutive Spring Soccer Tournament** title at Kingsborough Field.

The team opened the tournament with a dominant **8-1** victory over the **York Cardinals** before battling through a competitive final match to defeat the **CCNY Beavers 1-0** and secure the championship trophy.

The back-to-back-to-back title marks an exciting start to the spring season and continues the strong tradition of success for **KCC Soccer**.

*Congratulations to **The Wave** on another outstanding tournament run!*



# COMMUNITY COMPASS

“Helping you navigate community standards with clarity and care.”

The **Office of Community Standards & Student Engagement**, in partnership with **Student Wellness Services (SWS)**, recently hosted an interactive workshop titled **Make Your Own College Confidence Kit**. This engaging session invited students to create a personalized toolkit designed to support stress management and academic success.

Throughout the workshop, students participated in informal, guided conversations where they were encouraged to:

- Discuss their goals at Kingsborough Community College (KCC)
- Explore how stress shows up individually and how it influences decision-making
- Share personal strategies for managing stress and staying grounded
- Revisit and strengthen their understanding of the **CUNY Academic Integrity Policy**

The event was a meaningful success, centered on authentic student engagement and open dialogue.

A highlight of the program was the strong collaboration behind its development and facilitation. Masters-level interns from the **Silberman School of Social Work at CUNY Hunter College** worked alongside staff and students from the **Office of Community Standards & Student Engagement**, **Student Wellness Services**, and the **Men’s Resource Center**.

Together, this team designed and implemented the workshop from start to finish, continuing KCC’s long-standing partnership with Silberman and its commitment to supporting students across the CUNY system.

**MY COLLEGE CONFIDENCE KIT**

**My goals for this semester**

1 \_\_\_\_\_

2 \_\_\_\_\_

**My goals at KCC**

1 \_\_\_\_\_

2 \_\_\_\_\_

**My stressors during this semester**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

**How I like to cope with stress**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

**Tools I can use to complete assignments**

I can use AI to generate content for an assignment.  
True False

I can bring an assignment to tutoring and ask for assistance.  
True False

I can search the internet to learn more about a topic, and use the information I learned to complete an assignment.  
True False

Answer key on the back.

Most importantly, the workshop provided valuable insight into the student experience at KCC. Students shared thoughtful reflections on academic pressures and the strategies they use to manage them. Many also expressed a strong commitment to academic integrity, even when faced with challenges. These conversations continue to inform our work and strengthen how we support student success.

If you are interested in creating your own **College Confidence Kit** or learning more about campus safety and student support resources, please contact us at [studentconduct@kbcc.cuny.edu](mailto:studentconduct@kbcc.cuny.edu).

If you are interested in additional support related to compliance or academic integrity, or would like to learn more about campus resources, please see the information below:

- CUNY Academic Integrity Policy: [here](#)
- Faculty can file an Academic Integrity violation: [here](#)

# Student Affairs Showcase Highlights

## Resources, Fun, and Campus Connection

Last month, the **Division of Student Affairs** hosted an exciting and energetic **Student Affairs Showcase**, bringing together students and staff for an afternoon full of resources, music, food, activities, and campus pride.

The event was designed to introduce both new and returning students to the many programs and services within Student Affairs that are here to support them throughout their journey at KCC while encouraging students to get involved, stay engaged, and take full advantage of campus life.

Programs from across the division were represented, including **Access Resource Center**, **Student Wellness Services**, **Student Union & Intercultural Center**, **Student Life**, **Athletics**, **Military & Veteran Affairs**, **CUNY EDGE**, **Child Development Center**, **Men's Resource Center**, **Access-Ability Services**, **TRIO**, and many more. Staff from each area had the opportunity to connect directly with students, answer questions, share information, and highlight the many ways students can get involved, build connections, develop leadership skills, and access support both inside and outside the classroom.

The showcase gave students a chance to learn about important resources available to them while also enjoying a lively and welcoming atmosphere. The event featured music, snacks, Rita's Italian Ice, giveaways, a photo booth, and the crowd favorite — KCC Stuff-a-Bear. Students were able to explore tables, meet staff from across the division, and discover clubs, programs, services, and engagement opportunities that can enrich their college experience and help them feel more connected to the campus community.





The **Student Affairs Showcase** was a tremendous success and reflected the division's ongoing commitment to student engagement, support, and community building.

Events like this help foster a sense of belonging and encourage students to become active participants in campus life. Thank you to all of the Student Affairs staff and students who helped make the event such a fun, welcoming, and memorable experience.

For more information about Student Affairs programs and services, visit the **Main Office in A216**, email [student.affairs@kbcc.cuny.edu](mailto:student.affairs@kbcc.cuny.edu), or call **718-368-5563**.

# UPCOMING EVENTS

<b>MAY 12</b>	<p><b>Blood Drive at Kingsborough Community College (11am-5pm in U220 - 2nd Floor)</b>  <i>Kingsborough Community College is partnering with the New York Blood Center to host an upcoming blood drive on campus.</i>  <i>Schedule your appointment: <a href="https://donate.nybc.org/donor/schedules/drive_schedule/331605">https://donate.nybc.org/donor/schedules/drive_schedule/331605</a></i></p>
<b>MAY 13</b>	<p><b>Blood Drive at Kingsborough Community College (11am-5pm in U220 - 2nd Floor)</b>  <i>Kingsborough Community College is partnering with the New York Blood Center to host an upcoming blood drive on campus.</i>  <i>Schedule your appointment: <a href="https://donate.nybc.org/donor/schedules/drive_schedule/331605">https://donate.nybc.org/donor/schedules/drive_schedule/331605</a></i></p>
<b>MAY 13</b>	<p><b>Interfaith Open Dialogue Hour - Weekly (2pm-3pm in U217)</b>  <i>An opportunity to listen, share and learn in community with students of other faiths and spiritualities.</i></p>
<b>MAY 15</b>	<p><b>Guided Tour of the Tenement Museum (11am)</b>  <i>Explore the stories of the Rogarshevskys and the Baldizzis, a Jewish family and an Italian family who became neighbors in 97 Orchard during a critical time in NYC history. <b>Sign up in A216 - limited slots.</b></i></p>
<b>MAY 19</b>	<p><b>Let's Talk Tuesday - Open Decompression Session (2pm-3pm at U-215)</b>  <i>Open safe space to express your feelings and emotions out loud with love.</i>  <i>For more information, email <a href="mailto:arc.kcc@kbcc.cuny.edu">arc.kcc@kbcc.cuny.edu</a></i></p>
<b>MAY 19</b>	<p><b>CUNY Annual Wellness Festival (11am-2pm at U219)</b>  <i>Join us for a day focused on your health and well-being! The Wellness Festival features wellness information and screenings, chair massages, a photobooth, snacks, wellness activities, trainings, giveaways, and more.</i></p>
<b>MAY 20</b>	<p><b>Budget 101 - Wealthy Wednesday (2pm-3pm at U-215)</b>  <i>Come and learn how to have a healthy relationship with your finances.</i>  <i>For more information, email <a href="mailto:arc.kcc@kbcc.cuny.edu">arc.kcc@kbcc.cuny.edu</a></i></p>
<b>MAY 20</b>	<p><b>Interfaith Open Dialogue Hour - Weekly (2pm-3pm in U217)</b>  <i>An opportunity to listen, share and learn in community with students of other faiths and spiritualities.</i></p>
<b>MAY 20</b>	<p><b>Celebration of Cultural Couture (12pm-1:30pm at U230 - Oceanview Room)</b>  <i>A collaborative effort between the Culinary Arts Program and the Fashion Design program. Join us for a global fashion show lunch showcasing our students! Guests are invited to wear something from their own cultural background!</i>  <b>Seats are limited to 40 guests. To reserve a seat, please contact Professor Michael Palladino.</b></p>
<b>MAY 21</b>	<p><b>Anxious to Empowered (11am via Zoom) - Part 1</b>  <b>Two-Part Anxiety Management Workshop</b>  <i>Feeling nervous about finals? Join us to explore anxiety and burnout while learning effective coping strategies to build confidence and long-term skills for managing challenges.</i>  <b>Join the workshop on Zoom: <a href="https://us02web.zoom.us/j/2689336129">https://us02web.zoom.us/j/2689336129</a></b>  Meeting ID: 268 933 6129</p>

For updates on our events, please view Events Calendar:  
<https://www.kbcc.cuny.edu/calendar.html>

# UPCOMING EVENTS



<b>MAY 26</b>	<b>Anxious to Empowered (11am via Zoom) - Part 2 Two-Part Anxiety Management Workshop</b> <i>Feeling nervous about finals? Join us to explore anxiety and burnout while learning effective coping strategies to build confidence and long-term skills for managing challenges.</i> <b>Join the workshop on Zoom:</b> <a href="https://us02web.zoom.us/j/2689336129">https://us02web.zoom.us/j/2689336129</a> Meeting ID: 268 933 6129
<b>MAY 28</b>	<b>Graduation Ball 2026 (6pm MAC Lighthouse)</b>
<b>JUN 03</b>	<b>Produce Day (11am - 3pm at Cove U-101)</b> <i>For more information, email <a href="mailto:arc.kcc@kbcc.cuny.edu">arc.kcc@kbcc.cuny.edu</a></i>
<b>JUN 09</b>	<b>De Stress with the Dean Edwards (112pm - 2pm at Cove U-101)</b>
<b>JUN 18</b>	<b>Commencement Ceremony</b>

*For updates on our events, please view Events Calendar:  
<https://www.kbcc.cuny.edu/calendar.html>*

# HARBOR OF RESOURCES



## NEED SOMEONE TO TALK TO? SUPPORT IS AVAILABLE

Visit the **Counseling Center at Room D-102**

The Counseling Center provides a safe and confidential space where students can receive emotional and psychological support. Free counseling services are available to help students navigate personal and academic challenges, build coping skills, and support their overall well-being.



## LOOKING FOR CAREER SUPPORT? EXPLORE YOUR CAREER PATH!

Visit the **Center for Career Development & Experiential Learning at Room C102**

The Center assists students with career counseling, connections to employment opportunities, and access to internship and service experiences that help build skills and prepare for future careers.



## NEED MEDICAL SUPPORT ON CAMPUS? LOOKING FOR HEALTH EDUCATION?

Visit the **Health Center at A-108**

The Health Center supports the physical well-being of the Kingsborough community by offering first aid, medical consultations, health referrals, and preventative health education. A Registered Nurse is available whenever classes are in session to assist with immediate concerns and health guidance.



## LOOKING TO PRIORITIZE YOUR WELL-BEING OR LEARN HOW TO SELF-CARE?

Visit the **Wellness Center at A-108 (E&F)**

The Wellness Center promotes health and mental well-being through an integrated, holistic approach. Students can connect with campus and community resources, attend interactive workshops, and participate in campus-wide wellness events focused on topics like stress management, physical health, and self-care.



## GET INVOLVED ON CAMPUS, START A CLUB AND LEADERSHIP SKILLS!

Visit the **Office of Student Life at Room C-123**

Student Life connects students with co-curricular programs, campus events, and student-led organizations that enhance the overall college experience. Explore over 30 student clubs and organizations or develop leadership skills through the Student Government Association.



## NEED SUPPORT WITH FOOD & OTHER ESSENTIAL RESOURCES?

Visit the **Access Resource Center at Room E-115**

The Access Resource Center provides holistic support services that help students overcome life barriers and stay focused on their educational goals. Free services include benefits screening, food services, SNAP application assistance, legal consultations, financial consultations, and tax preparation support.



## LOOKING FOR A PROGRAM TO SUPPORT YOUR ACADEMIC SUCCESS?

Visit the **Trio Student Support Services at D-124**

TRIO Student Support Services helps students stay on track to graduate and plan for life after college. The program supports students by providing academic guidance, career exploration, and connections to campus resources.



## LOOKING FOR A SPACE TO CONNECT, LEAD AND BELONG?

Visit the **Student Union & Intercultural Center**

The Student Union and Intercultural Center provides a safe, inclusive, and welcoming space where students can build community and strengthen their sense of belonging at Kingsborough.

### SPRING 2026 FOOD SERVICE SCHEDULE

	GRAB AND GO (Room E-115)	FOOD VOUCHERS (Room E-116)	FOOD PANTRY (Room T4-157)
MON	11am - 12pm 3pm - 5pm	9am - 11am	1pm - 4pm
TUE	11am - 12pm 2pm - 4pm	9am - 11am	1pm - 4pm
WED	11am - 12pm 3pm - 5pm	2pm - 4pm	1pm - 4pm
THU	11am - 12pm 2pm - 4pm	2pm - 4pm	1pm - 4pm
FRI	11am - 12pm 1pm - 2pm	NO VOUCHERS	10am - 2pm

*\*Service can change due to events / meetings and class schedules. Food service may be adjusted based on inventory*

# HARBOR OF RESOURCES



## FIND SUPPORT AND COMMUNITY FOR WOMEN ON CAMPUS.

Visit the **Women's Center at M-382**

The Women's Center provides a welcoming and supportive space dedicated to empowering women at Kingsborough. The Center focuses on supporting women's mental, emotional, and physical well-being. The space also includes a dedicated lactation room for breastfeeding mothers.



## LOOKING FOR COMMUNITY AND SUPPORT FOR MEN ON CAMPUS?

Visit the **Men's Resource Center at U-218**

The Men's Resource Center supports self-identified men of color by providing academic support, mentorship, and opportunities to build community at Kingsborough through peer mentoring, supplemental academic support, networking opportunities, and men's support groups.



## EXPERIENCING DISCRIMINATION, BIAS, OR HARASSMENT?

Visit the **Office of Equal Opportunity & Diversity Management (Title IX) at V-231**

The Office of Equal Opportunity and Diversity Management (OEO) is committed to fostering a safe, inclusive, and respectful campus environment for all students, employees, and visitors. The office ensures equal opportunity across the college and supports a culture where everyone can learn, work, and thrive.

If you have experienced or witnessed discrimination, bias, sexual misconduct, or retaliation, the OEO team is here to support you. Students and staff can receive guidance, report concerns, and access resources to help navigate next steps.

For more information or to report an incident, call **718-368-6896**, email [ASKOEO@kbcc.cuny.edu](mailto:ASKOEO@kbcc.cuny.edu) or [Title\\_IX\\_inquiries@kbcc.cuny.edu](mailto:Title_IX_inquiries@kbcc.cuny.edu)

Reports can also be submitted through CUNY's online reporting portal: [visit.cuny\\_guardianconduct.com/incident-reporting](http://visit.cuny_guardianconduct.com/incident-reporting).



## NEED CHILDCARE SUPPORT WHILE YOU ATTEND CLASSES?

Visit the **Child Development Center at V-105**

The Child Development Center provides childcare and early education for children of KCC students ages 2–5. The Center offers a safe, nurturing, and engaging environment where children can learn and grow while their parents attend classes. The Center also supports student-parents through workshops and resources focused on parenting, child development, and family success.



## NEED ACADEMIC ACCOMMODATIONS OR ACCESSIBILITY SUPPORT?

Visit the **Access-Ability Services at D-205**

Access-Ability Services (AAS) supports students by providing resources and accommodations that promote equal access to learning. Services include determining eligibility and arranging academic accommodations, academic advisement, priority registration, and access to assistive technology.



## ARE YOU A VETERAN OR MILITARY-CONNECTED STUDENT?

Visit the **Military & Veteran Affairs at C-106**

The Military and Veteran Affairs Office (MAVA) serves the needs of prospective and enrolled active military personnel, Veterans, their dependents and survivors. MAVA aides in application and certification for students who are eligible to receive education benefits under various Department of Veteran Affairs (DVA) programs. In this role, the MAVA team facilitates smooth transition and reintegration into the college community. We provide supplemental recruitment and retention efforts, various counseling and one-on-one advisement services, priority registration, in-state tuition, academic program information, and certify eligible students to receive DVA education benefits while maintaining productive relations with the Veterans Administration and other agencies serving Veterans.



## INTERESTED IN COMPETING OR SUPPORTING KCC ATHLETICS

Visit **Athletics at G-110**

Kingsborough Athletics supports student-athletes in achieving both athletic and academic excellence. The department fosters teamwork, leadership, and competitive success while encouraging students to pursue championships and opportunities for athletic and academic scholarships at senior colleges.

KCC offers a wide range of teams, including Men's Soccer, Basketball, Tennis, Cross Country, Indoor and Outdoor Track, Baseball, and Volleyball; Women's Soccer, Basketball, Tennis, Cross Country, Indoor and Outdoor Track, and Volleyball; as well as Coed E-Sports and Cheerleading.

# HARBOR OF RESOURCES



## NEED SUPPORT AS AN IMMIGRANT? UNDOCUMENTED STUDENT?

Visit the **Immigrant & Undocumented Student Success Center at Room U228**

The Immigrant & Undocumented Student Success Center is a dedicated space supporting immigrant, undocumented, Deferred Action for Childhood Arrivals (DACA), Temporary Protected Status (TPS), refugee students, and students in mixed-status families.



## DO YOU RECEIVE PUBLIC ASSISTANCE AND LOOKING FOR EXTRA SUPPORT?

Connect with **CUNY EDGE at T4-216**

CUNY EDGE helps students receiving public assistance achieve academic success, graduate on time, and prepare for employment. The program offers personalized academic and career advisement, and access to internship and job resources. Eligible students may also receive tuition assistance and virtual tutoring to support their academic goals.

# WE ARE



## Want to Be Featured in Our Next Newsletter?

Let your story make waves - be featured!

Send your photo, your story, or anything else you'd like to share to [student.affairs@kbcc.cuny.edu](mailto:student.affairs@kbcc.cuny.edu)

for a chance to be spotlighted in our upcoming issue!

Don't miss out— we'd love to feature you!

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