

# Kingsborough Community College Recreation Program

## Rules Governing Use of the Gymnasium

- Present valid K.C.C. ID at ALL TIMES
- Wear proper footwear, **NO STREET SHOES** or **BOOTS**
- Wear regular "T" shirts- **NO TANK TOPS, JEANS, CARGO, DENIM** or **DOCKERS**
- You must **BRING A TOWEL!**
- **Clothing and bags cannot be left in any activity room.**
- Change into appropriate clothing in the locker room and **NOT** in the bathroom.
- **BRING A LOCK!!!!!!**
- All Equipment Pins must remain in G-206

**All decisions regarding appropriate attire and conduct will be enforced by the supervisor on duty.**

Your cooperation will create a safe environment as we partake in activities.

**ENJOY AND HAVE FUN!**

**\*\*Recreation hours may be cancelled due to lack of supervision\*\***

For further information contact:  
Athletics 718-368-5737  
Equipment room 718- 368-5032

The Recreation Program at Kingsborough Community College exists to enable students, faculty/staff and Alumni Association Members to participate in physical activity during their free time.

### Medical Policy

The College will not monitor your participation in Physical Education or athletics. You are responsible for following the advice of your physician in these matters. The College will take no responsibility for any injury you may suffer should you participate without medical advice, against medical advice, or for any injury suffered as a result of any physical incapacity whatsoever.



Activity	Monday	Tuesday	Wednesday	Thursday	Friday
<i><b>Fitness Center G206</b></i>	9:00am	8:00am	9:00am	8:00am	10:00am
	12:00pm	10:00am	12:00pm	10:00am	
	3:00pm	12:00pm	3:00pm	12:00pm	5:00pm
	5:00pm	5:00pm	5:00pm	5:00pm	
<i><b>Basketball G101</b></i>	1:00pm	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>
	3:00pm				
<i><b>Intramurals G101</b></i>	<b>X</b>	<b>X</b>	1:00pm	<b>X</b>	12:00pm
			3:00pm		2:00pm
<i><b>Tennis G101</b></i>	<b>X</b>	12:40pm	<b>X</b>	12:40pm	<b>X</b>
		1:40Pm		1:40pm	
<i><b>Racquetball G105</b></i>	9:00am	9:00am	9:00am	9:00am	9:00am
	5:00pm	1:00pm		1:00pm	
		3:00pm 5:00pm	5:00pm	3:00pm 5:00pm	3:00pm
<i><b>Ping Pong G104</b></i>	10:00am	10:00am	10:00am	10:00am	10:00am
	5:00pm	5:00pm	5:00pm	5:00pm	3:00pm
<i><b>Early Bird Walk/Run G101</b></i>	9:00am	9:00am	<b>X</b>	<b>X</b>	9:00am
	11:00am	11:00am			11:00am

**Opening Date; 9/ 21/2022  
Closing Date 12/08/2022**

