

Last Name: _____ First Name: _____ Date: _____

Emplid# _____ MAJOR: EXERCISE SCIENCE AND PERSONAL TRAINING (A.S.)

English Placement: _____

Math Placement: _____

COLLEGE REQUIREMENTS/REQUIRED CORE:

(4 Courses, 13 credits)

When Required Core Courses are specified for a category, they are required for the major.

Course	Credits	Course	Credits	Course	Credits	Course	Credits
☺ Eng 1200		☺ Eng 2400		☺ Mathematical & Quantitative Reasoning		☺ Life & Physical Sciences (BIO 1100)	

CIVIC ENGAGEMENT REQUIREMENT

Two (2) Civic Engagement experiences-satisfied by CE-Certified or CE-Component courses or approved outside activity. Find CE courses on degree works using CUNYPortal

☺ Exp. One ☺ Exp. Two

WRITING INTENSIVE REQUIREMENT

One (1) Writing Intensive course in any discipline is required. To find on CUNYFirst, perform a class search and click on course attribute. Available only in Fall and Spring.

FLEXIBLE CORE:

(6 Courses, 20 Credits)

When Flexible Core Courses are specified for a category, they are required for the major. One course from each Group A to D (Group E is satisfied by the courses shown) No more than two courses from the same discipline

	Course	Credits
A.	World Cultures and Global Issues	
B.	U.S. Experience in its Diversity	
C.	Creative Expression	
D.	Individual and Society	
E.	Scientific World- BIO 1200 BIO 7000	

DEPARTMENT REQUIREMENTS:

(13 Courses, 28 credits)

Course	Credits	Course	Credits	Course	Credits
☺ EXS 900		☺ EXS 1500		CHOOSE ONE from each of the following GROUPS for 3 credits: ☺GROUP A: PEC 200 or PEC 1900 ☺GROUP B: PEC 3000 or PEC 3300 or PEC 6500 ☺GROUP C: PEC 2500, PEC 2900, PEC 5600, PEC 2700, or PEW 2100	
☺ EXS 1000		☺ EXS 91X6			
☺ EXS 1100		☺ HE 2000			
☺ EXS 1200		☺ HE 3500			
☺ EXS 1300		☺ HE 1400			

ELECTIVES: 0 credit sufficient to meet required total of

60 credit

Course	Credits	Course	Credits	Course	Credits	Course	Credits

12-Week Semester	6-Week Module	12-Week Semester	6-Week Module

Note: This Academic Plan is subject to change based on successful completion of any prerequisites and/or remedial course work required.

____ As a student who is part of the Access-Ability Services, I know that I am advised to return to room D-205 for any course modifications or to discuss accommodations.

____ All students enrolled in special programs should also consult with their program advisor for future planning.

____ I have read and understand that this is what I need to satisfy my degree requirements.

Advisor (print name): _____ Student Signature: _____ Date: _____