



General Psychology – PSY 1100  
 Sec.902 (6152)  
 ONLINE – Synchronous Learning  
 Spring 2024 – Sat. March 2 to Sat. June 8, 2024  
 Text: Psychology, 2e. – OpenStax (see link below)

Professor James Indelicato  
 Email: James.Indelicato@kbcc.cuny.edu  
 Email: [JamesIndelicato@gmail.com](mailto:JamesIndelicato@gmail.com)  
 Phone: 201-665-0986 (cell)  
 Prerequisites: None

**Class Lecture (LIVE via Zoom):** Saturdays 12:00pm-2:45pm > <https://us02web.zoom.us/j/86068663318>  
 The Password is posted on Blackboard/Announcements  
**Office Hours virtual:** Wednesday’s 2:00pm-3:00pm – Click >>>> <https://us02web.zoom.us/j/88071337573>  
 (no password required)

**– General Psychology – PSY 1100 Online Syllabus –**

*This course is 100% On-line course that will be “on-line synchronous” (meaning a LIVE session over Zoom, attendance required). "Live Sessions" are scheduled at a specific time/dates, as noted above & below*

**What to expect from this Online-Synchronous Course?**

This class will consist of the following 5 activities/tasks

1. Reading of the Chapters
2. Attending the Live lectures (held via Zoom as per schedule below)  
 Click this link for LIVE LECTURE SESSIONS >> [Prof. James' Psych Lectures - LIVE on Zoom](#)  
**Meeting ID: 860 6866 3318** Password is posted on Blackboard/Announcements
3. Watching short videos on YouTube or other platforms
4. Complete Assignments in Blackboard
5. Take Quizzes covering the material presented in the lectures, textbook and other assigned work.

Most importantly: You will need to be checking your KBCC registered email and Blackboard 3 times/week.

**Please see the “Course Schedule” on page 2 & 3 for complete details, assignments and due dates**

**What Students Need to participate in this Course:**

Students will need access to computer technology that will allow them to view, read, write, and respond to a variety of web-based assignments. This technology includes a computer (desktop or laptop) or a tablet and a strong Wi-Fi connection. Cameras are expected and encouraged to be ON while attending a Zoom lecture. This will enhance the communication between the professor and student, and students to students. Students will need their cuny.edu email account, access to YouTube.com, CUNYFirst and Blackboard. For help with BB go to > <https://help.blackboard.com/>

**Class Meeting Dates: ALL CLASSES WILL BE HELD REMOTELY – ONLINE**

**SIGN IN on Zoom** on Saturdays at 12:00pm for the LIVE LECTURES  
 Meeting ID: 860 6866 3318 Password is posted on Blackboard/Announcements  
 or click here >>> [Prof. James' Psych Lectures](#)  
**FINAL EXAM IS DUE on June 8, 2024, 2:45pm.... Late work not accepted without approval**

**March 2024 Meeting Dates:** March 2, 9, 16, 23, **30** (NOTE: no class Fri-Sun March 29-31)  
**April 2024 Meeting Dates:** April 6, 13, 20, **27** (NOTE: no class Mon, April 22-Tues April 30 – Spring Recess)  
**May 2024 Meeting Dates:** May 4, 11, 18, **25\*\*** (\*\*Note: Memorial Day Weekend – Assignment Due)  
**June 2024 Meeting Dates:** June 1 (last meeting date); June 8 (Final Exam June 8, 2024)

**COURSE SCHEDULE**

Immediately below is our “Course Schedule”. This is your “Roadmap to Success” in this course. It is a complete list of the topics to be discussed, the learning objectives, and what you will be responsible for and when it is due. Use this page as a “Checklist” to help keep you on track.

Attend Live Lecture or view Recorded Lecture WEEKLY.....

Watch: Selected videos are highlighted in Blue Assignments are in GREEN Exams/Quizzes are in YELLOW

Class Meeting Dates	Topic (What we will discuss)	Learning Objectives (What we will learn)	Readings; Lectures; Videos (What you need to READ or WATCH)	Assignments & Learning Activities (What you need to DO this week)	Assignment Due Dates (When is it DUE)
Week 1 3/2/24	Intro to Psych	<ul style="list-style-type: none"> <li>What is psychology</li> <li>Understand the origins / history of Psychology</li> </ul>	<b>1. Watch:</b> Welcome Video <b>2. Attend Live Zoom Lecture # 1</b> <b>3. Read:</b> Chap. 1	A:1 Post your “Welcome”	Wednesday by 11:59pm
Week 2 3/9/24	Research in Psychology	<ul style="list-style-type: none"> <li>History of psychology (cont.)</li> <li>Understand Psych as a Science</li> <li>Theoretical approaches in psychology</li> <li>What is Psych Research</li> </ul>	<b>1. Watch:</b> None this week <b>2. Attend Live Zoom Lecture # 2</b> <b>3. Read:</b> Chap. 2	A:2 Perspectives A:3 Research Terms	Wednesday by 11:59pm
Week 3 3/16/24	Neuroscience & Behavior	<ul style="list-style-type: none"> <li>Brain &amp; Behavior</li> <li>Understand the Nervous System (NS)</li> <li>Identify parts of the NS</li> </ul>	<b>1. Watch:</b> Nervous System Video <b>2. Attend Live Zoom Lecture # 3</b> <b>3. Read:</b> Chap. 3	A:4 – Nervous System Video Just watch the brief video – and post in “Assignment”	Wednesday by 11:59pm
Week 4 3/23/24	Take Quiz 1 on Chap. 1 (History) & Chap 2 (Research) Chap 3 (NeuroSci) Take Quiz 1 during class time. Quiz will open at 9am, and remain open until 2:45 pm				
<b>No Class on 3/30/2024 no class Fri-Sun March 29-31</b>					
Week 6 4/6/2024	States of Consciousness (Sleep & Dreams)	<ul style="list-style-type: none"> <li>What are the sleep stages?</li> <li>Know Sleep Disorders</li> <li>Understand Dream Analysis</li> </ul>	<b>Watch:</b> Sleep Video (5min) <b>2. Attend Live Zoom Lecture # 4</b> <b>3. Read:</b> Chap. 4	A:5 “In Your Dreams”	Wednesday by 11:59pm
Week 7 4/13/2024	Learning	<ul style="list-style-type: none"> <li>Define Learning</li> <li>What is Conditioning</li> <li>Know Reinforcement &amp; Punishment</li> </ul>	<b>1. Watch:</b> Conditioning Video <b>2. Attend Live Zoom Lecture # 5</b> <b>3. Read:</b> Chap. 6	1. Assignment #6 Classical Cond. Vid 2. Assignment #7 Operant Cond. – Your Real Examples Quiz #2 (Sleep & Learning)	Wednesday by 11:59pm

<b>Week 8</b> 4/20/24	Memory	<ul style="list-style-type: none"> <li>• The theories of Memory</li> <li>• What are the different kinds of memory?</li> <li>• Why do we Forget</li> <li>• How can we remember better</li> </ul>	<b>1. Watch:</b> None this week <b>2. Attend Live Zoom Lecture # 6</b> <b>3. Read:</b> Chap. 8	<b>1. Assignment#8 – “In a Flash(bulb)”</b>	Wednesday by 11:59pm
<b>Week 9</b> 4/27/2024	<b>Spring Break</b> MON -TUES APR. 22 - 30 <b>NO CLASSES</b> SCHEDULED - SPRING RECESS				
<b>Week 10</b> 5/4/2024	Lifespan Development	<ul style="list-style-type: none"> <li>• Define the domains of development</li> <li>• Understand Nature/Nurture</li> <li>• Discuss Piaget’s view</li> <li>• Know Erikson theory</li> </ul>	<b>1. Watch:</b> <b>Piaget Video</b> <b>2. Attend Live Zoom Lecture # 7</b> <b>3. Read:</b> Chap. 9	<b>1. Assignment #9 – Conservation</b>  <b>2. Take Quiz 3 on Chap 8 (Memory) Chap 9 (Lifespan)</b>	Wednesday by 11:59pm
<b>Week 11</b> 5/11/2024	Health Psychology Stress  Personality	<ul style="list-style-type: none"> <li>• What is Health Psychology</li> <li>• Define good/bad stress Understand Seyle’s GAS</li> <li>• Describe Theories of Personality (Freud)</li> <li>• How do we assess personality?</li> <li>• What Psycho-metrics are used?</li> </ul>	<b>1. Watch:</b> None this week <b>2. Attend Live Zoom Lecture # 8</b> <b>3. Read:</b> Chap. 14 – Stress Chap. 11 – Personality	None this week	Nothing Due
<b>Week 12</b> 5/18/2024	Personality	<ul style="list-style-type: none"> <li>• (cont.) Describe Theories of Personality (Freud)</li> </ul>	Continued from previous	<b>1. Assignment #10 – “Freud Lives”</b>	Wednesday by 11:59pm
<b>Week 13</b> 5/25/2024	Psychological Disorders	<ul style="list-style-type: none"> <li>• Define ‘normal’</li> <li>• Know the “D’s” of diagnosing</li> <li>• Perspectives on Disorders</li> <li>• Understand the DSM</li> </ul>	<b>1. Watch:</b> None this week <b>2. Attend Live Zoom Lecture #9</b> <b>3. Read:</b> Chap. 15	<b>Assignment Due</b>	<b>Assignment Due</b>
<b>Week 14</b> 6/1/2024 (last meeting)	Psychological Disorders (cont.)	<ul style="list-style-type: none"> <li>• Understand mental disorder</li> <li>• Understand symptoms of various disorder, e.g. depression, anxiety, psychotic disorders</li> </ul>	Continued from previous <b>1. Watch:</b> <b>Mental Health Video</b> <b>2. Attend Live Zoom Lecture #10</b> <b>3. Read:</b> Chap. 15	None this week	Final Exam will be posted at the end of class on 6/1/2024. DUE by 6/8/2024
<b>Week 15</b> <b>FINALS WEEK</b> 6/8/2024		<b>FINALS WEEK</b>	<b>FINALS WEEK</b>  <b>No Lecture – just take the last/final Quiz</b>	<b>2. Take Final Quiz on Chap 14 (Stress) Chap 11 (Personality) &amp; Chap 15 (Psych Dis.)</b>	<b>FINAL EXAM DUE June 8, 2024 – NO LATER THAN 12 NOON</b>

## GENERAL COURSE INFORMATION

### Course Objectives (Overall):

- A. Describe key concepts, principles, and overarching themes in psychology.
- B. Use basic psychological terminology, concepts, and theories in psychology to explain behavior and mental processes.
- C. Identify key characteristics of major content domains in psychology.
- D. Describe examples of relevant and practical applications of psychological principles to everyday life.
- E. Summarize psychological factors that can influence the pursuit of a healthy lifestyle.

**Grading Scale/System:** The grade you earn in this course will reflect the competence level you achieve in understanding the fundamental principles in General Psychology. This will be demonstrated by your performance on exams, class participation in discussion boards, and written assignments/exercises. Exams are graded on a 100-point scale. “Extra point” opportunities will be provided to challenge the student to go above the basic requirements of this course – take advantage of these opportunities. At no time will “extra credit” assignments be made available.

### Method of Evaluation:

- When determining the student’s final grade, the following relative weights will be used:
  - A. Participation – 10% of your final grade
  - B. Assignments – 15% of your final grade
  - C. Quizzes/Exams – 75% of your final grade

**Textbook:** Click here to view or download... FREE > <https://openstax.org/details/books/psychology-2e>

Your textbook is also available for download on Blackboard/Textbook

### Teaching Methodology:

- A. Lecture and discussion. B. Online teaching resources C. Discussion Board posts D. Examinations/Quizzes

### ACADEMIC DISHONESTY POLICY:

Academic dishonesty includes, but is not limited to, using unauthorized aids to complete an exam or project, submitting another student’s work, sharing data via the network or diskette/flash drive, and copying from another student with or without their permission.

**Preferred Gender Pronoun and Name:** I affirm all forms of gender expressions and identities. If you prefer to be called a different name than what is on the class roster, please let me know. Feel free to inform me on your preferred gender pronoun or if you do not have a pronoun. The gender-neutral bathrooms are located in the following places on campus: A117, A119, L303, L504, M436, T4 154, T8 108B, V211, and V212.

### Available free services for students

**Resources & Support for Online Learning** visit <https://www.kbcc.cuny.edu/distancelearning/student-services-hours.html>

**FREE RESOURCES, YES! FREE – For free resources for students visit the Access Resource Center (ARC) visit <http://www.kingsborough.edu/arc/homepage.html> .** You will find things like FREE food, financial counseling, job resources, legal services, tax preparation, and assistance with accessing a plethora of resources... ALL FOR FREE ! Ya can’t beat FREE!

**Free tutoring:** Free academic tutoring for most academic courses (including this one) is available through the office of peer tutoring. Contact the Tutorial & Academic Support Center. All tutoring sessions are held on-line.

**Free counseling:** All students should be aware that Kingsborough offers free personal counseling. If you would like to see a counselor to discuss a personal issue or situation, you can make an appointment in Room D102.

*Access-Ability Services (AAS) serves as a liaison and resource to the KCC community regarding disability issues, promotes equal access to all KCC programs and activities, and makes every reasonable effort to provide appropriate accommodations and assistance to students with disabilities. Your instructor will make the accommodation you need once you provide documentation from the Access-Ability office (D-205). Please contact AAS for assistance.*

***If you have any questions or concerns during the semester, I strongly encourage you to speak with me after class or contact me at the email address above or call at (201) 665-0986 to arrange a meeting.***

***WELCOME & HAVE FUN LEARNING THE FASCINATING TOPIC OF PSYCHOLOGY!***