

HEALTH COACHING

The New York Alliance for Careers in Healthcare (NYACH) (2017) describes Health Coaches as “clinical support staff members who provide practice-level care coordination and patient engagement services to the patient population.” It is an emerging and critical position in health care to improve delivery of quality care as well as improve patient health outcomes.

These two courses, taken together, prepare health care workers to become health coaches who can provide patient engagement, chronic disease education, and other related health services in New York City. In addition, a total of 7 hours of college preparedness and health care industry exploration is included at no additional cost.

The successful completion of this program (with a passing grade) will earn you a Certificate of Completion for Health Coaching. This certificate is recognized among various medical offices, clinics, and hospitals as a training credential useful for entry-level health coach positions and promotions from such positions as Medical Assistants. In addition to the certificate, you can also earn 6 credits at Kingsborough Community College.
67 classroom hours, 30 online hours.

**Schedule for both parts:
Mondays and Tuesdays
April 8-June 25, 6:30-9:45pm**

***\$1590.00**

**The Registration fee is waived for this program. A payment plan is available. Full payment is required by June 12, 2019.*

*COH 1600 - Part I Patient Engagement Techniques in Community Health **NEW!***

This course will provide students the opportunity to learn and practice techniques in self-management support and motivational interviewing strategies to facilitate behavior change in patients with chronic conditions. Students will gain an understanding of chronic disease management, wellness and disease prevention, and the basic skills used in health coaching. At course completion, students will have acquired skills to educate, engage, and support individual patients to improve the patient's health outcomes.
. Opportunities for personal assessment.

*HPE 1200 - Part II Concepts of Wellness **NEW!***

This fundamental course covers a broad spectrum of health-related topics to make students aware of the causes of mental and physical illnesses and their prevention, and demonstrates how lifestyle, perceptions, and decisions affect health. Guidelines and criteria presented to determine good mental, emotional, and physical health. Opportunities for personal assessment.

*For more information, please contact Dr. Jose Nanin,
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