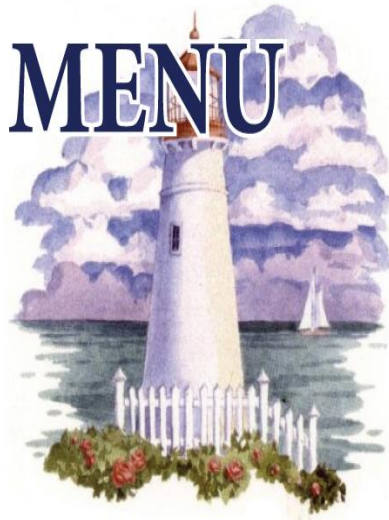


BEACH CAFÉ MENU



WEEK OF NOVEMBER 18 THROUGH NOVEMBER 22

BREAKFAST MENU

ITEMS OFFERED DAILY

ROLLS, BAGELS, BIALEYS

EGGS (SCRAMBLED, FRIED, OMELETS)

HOME FRIES

BREAKFAST MEATS—SAUSAGE, TURKEY AND BACON

OATMEAL WITH CONDIMENTS

	MONDAY NOVEMBER 18	TUESDAY NOVEMBER 19	WEDNESDAY NOVEMBER 20 THANKSGIVING DINNER MENU	THURSDAY NOVEMBER 21	FRIDAY NOVEMBER 22
<u>ENTREES</u>	CHICKEN MARSALA	ROASTED CHICKEN	SLICED ROASTED TURKEY	BEEF STROGANOFF	ROAST LOIN OF PORK
	GRILLED TILAPIA	BAKED FLOUNDER	BAKED HAM WITH PINEAPPLES	CURRY SHRIMP	SAUTEED POLLOCK WITH PARMESAN CRUMBS
	PASTA PUTTANESCA	SPAGHETTI WITH MEATBALLS	TURKEY STUFFING	STUFFED RIGATONI	CHICKEN ALFREDO
<u>SOUP</u>	BROCCOLI WITH CHEDDAR CHEESE	VEGETABLE SOUP	BUTTERNUT SQUASH SOUP	TOMATO RAVIOLI	SPLIT PEA WITH HAM

<u>SIDES</u>	MANHATTAN CLAM CHOWDER	ITALIAN WEDDING	CHICKEN NOODLE	CHICKEN WITH ORZO	CHICKEN NOODLE
	GRILLED ASPARAGUS	STEAMED BROCCOLI	SWEET POTATOES	ROASTED CARROT	ZUCCHINI W. TOMATO AND FRESH BASIL
	ROASTED POTATOES	MASHED POTATOES	MASHED POTATOES	ROASTED VEGETABLES	CORN ON COB
	RICE AND PEAS	WHITE RICE	ROASTED BRUSSEL SPROUTS	RICE PILAF	BROWN RICE
HEART HEALTHY MENU	CHICKEN WITH GARDEN VEGETABLE	TUNA ON WHOLE WHEAT BREAD	CHICKEN FAJITAS	BLACK BEAN CHILLI	CHICKEN SALAD ON MULTIGRAIN BREAD

MAC CAFE

	MONDY NOVEMBER 18	TUESDAY NOVEMBER 19	WEDNESDAY NOVEMBER 20 THANKSGIVING DINNER MENU	THURSDAY NOVEMBER 21	FRIDAY NOVEMBER 22
<u>ENTREES</u>	CHICKEN MARSALA	ROASTED CHICKEN	SLICED ROASTED TURKEY	BEEF STROGANOFF	Closed
	GRILLED TALIPIA	BREADED COD	BAKED HAM WITH PINEAPPLE	BREADED POLLOCK	
	BAKED ZITI	SPAGHETTI WITH MEATBALL	TURKEY STUFFINGS	PENNE ALLA VODKA	
<u>SOUP</u>	BROCCOLI WITH CHEDDAR CHEESE	LENTIL SOUP	BUTTERNUT SQUASH SOUP	TOMATO RAVIOLI	

PANDA HOUSE CHINESE FOOD

	MONDAY NOVEMBER 18	TUESDAY NOVEMBER 19	WEDNESDAY NOVEMBER 20	THURSDAY NOVEMBER 21	FRIDAY NOVEMBER 22
	CHICKEN WITH STRING BEAN	ORANGE CHICKEN	CHICKEN WITH CASHEW NUT	CURRY CHICKEN	CHICKEN WITH CASHEW NUT
DAILY	VEGETABLE EGG FOO YOUNG	FRIED CHEESE WONTON	MA PO TO FU	SAUTEED STRING BEAN	TO FU WITH MIXED VEGETABLES
	SHRIMP LO MEIN	HOT & SPICY SHRIMP	BUTTERED SHRIMP	SHRIMP WITH MIXED VEGETABLE	BREADED SHRIMP WITH SWEET AND SOUR SAUCE
MENU *****	BEEF WITH BROCCOLI	BEEF WITH SCALLION	RIB WITH BLACK BEAN SAUCE	BEEF WITH MUSHROOM	B.B.Q RIB
	FLAT NOODLE WITH SAUTEED VEGETABLES	CHICKEN FRIED RICE	THAI FRIED RICE	SHRIMP MEI FUN	FRIED RICE WITH PEA AND CARROT

**WE SERVE KOSHER SANDWICHES, KOSHER
SALADS AND HALAL FOOD**